



NMI TOYOTA



Information and Tournament rules regarding the matches

- Each participating school's 1st and 2nd teams participate.
- Two full teams of 30 plus maximum of 8 reserves are invited.
- Both the 1st and 2nd teams of a Southern school, (e.g. Paarl Gymnasium), play against a Northern school's 1st and 2nd teams (e.g. Garsfontein).
- Each team will play 2 games as determined by the organizers.
- North teams only play against South teams. Two rest days after the first day's matches, with the exception of one or two 2nd team matches.
- 1st team matches are 35 minutes a side ("running time").
- If there is a serious injury, the time will be stopped, the referee and the timekeeper must reach a consensus on the remaining time. The referee still remains the sole judge of time.
- 8 reserves are allowed in the tournament for 1st teams, of which 2 front row players and a hooker are mandatory. If there is only 1 healthy front row player on the bench for the second match on Monday/Tuesday, the team may only have 7 reserves.
- Players may only be reserves for the 1st team if they have played a full 40 minutes for the 2nd team.
- An allowance is made for a maximum of 3 players who do not have to play 40 minutes or start for the 2nd team. The reason for 3 players is that if the 5th front row, 3rd hooker and 3rd scrumhalf are rotated in their 2nd team match, schools can still bench their 2nd best player for the 1st team.
- No "squad system" is allowed.
- Please also take into account the new school rules regarding the "rolling subs" that are now applicable, where only 12 "rolling subs"/changes are allowed. If "12 rolling subs"/changes have already been made and a front row or hooker gets hurt, an exception may be made by making another change (i.e. up to 15, if all 2 front rows and hooker get injured)
- 2nd team matches are 30 minutes a side ("running time").
- 2nd team matches can have up to a maximum of 8 reserves (if you only have 7 reserves There must be at least 3 front rows and 2 hookers in the match group)
- If schools sustain injuries in their first matches that prevent them from having 3 props and 2 hookers in their second match with the 2nd teams, schools may enter the match with "uncontested" scrums during the match or the match. The referee and the 2 coaches of the different teams must reach a consensus on this, but we request that good sportsmanship be exercised.



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Yellow and Red cards

- 1st teams **yellow cards** will be 10 minutes (running time) and 2nd teams will be 5 minutes (running time).
- If a player receives a **red card** the following rules will apply.....
 - 1st teams **red cards** will be 15 minutes and 2nd teams **red cards** will be 10 minutes, after which player must be replaced by a reserve.
 - If all the reserves are already on the field and substitutions have already been made, someone who has already been taken off may return.
- The player is then left to his school's internal disciplinary process.
- If the school, after internal disciplinary process, feels that the player still needs to play the next match, the NMI Toyota North South Rugby Tournament will not have a problem with that.

Kind request

I know most schools already do this, but I would like to encourage the coaches from the NMI Toyota North South Rugby Tournament to give each player at least one start or a minimum of at least 15 minutes per game. This is especially possible with the 2nd teams. This creates happy children and parents, as well as a healthy tournament environment.